



HANDOUTS SUMMARY BWRT® Level 1

1. BWRT Virtual World Protocol
2. Child Work Protocol 1
3. Child Work Protocol 2
4. Emergency Stop Protocol
5. Griefbuster Protocol
6. Science behind Interactive Reinforcement
7. Level 1 Intake Questionnaire
8. Low Pal Protocol

We would like to remind you that all material is copyrighted and should only be reproduced for your personal use. Any public distribution or posting of material on websites or social media is strictly prohibited.



ONLINE COURSE EVALUATION AND CERTIFICATION

1. **The link to the online evaluation will be emailed to you after the course. Once you have completed the evaluation your CPD certificate will be emailed to you.**

**NO EVALUATION = NO CPD
HPCSA RULES**

2. All the resources handed out to you at the course are available online and can be downloaded for your personal use. Please log on to our website at www.bwrtsa.co.za and you will find what you need under the RESOURCES tab.

The password needed to access the Level 1 protocols is: *L1thium79*

3. Your names will be submitted to the Terence Watts BWRT® Institute and you will be added to their database.
4. You are invited and encouraged to join the Terence Watts BWRT Institute. You will need to sign up to the Institute. You can register via the link below:

<https://www.bwrt.org/products/temp-join>

5. South Africans are entitled to a 50% discount on the membership fee with the following discount code:

SAmembers50

Membership to the organisation has many benefits, some of which include access to new protocols; listing on the International website as a certified practitioner and access to any new BWRT material that is released from time to time. When signing up to the organisation please ***indicate Rafiq Lockhat as supervisor.***

When you sign up to the Institute you will be offered 3 free mentorship sessions. These are not applicable to SA practitioners.

Please note that as South African practitioners registered with the HPCSA you are only allowed to be supervised by another Practitioner who is registered with HPCSA. The UK have their own system of mentoring. Their rules do not apply in SA and vice versa.

6. **FACEBOOK** For those of you who do not have a Facebook account as yet, this is the perfect excuse to get one. It is an online shared space where all the South African practitioners are able to share their successes and challenges and provides a fantastic community in which you are able to share your ideas and receive advice from other practitioners. Please join our BWRT Professionals Facebook community and we will be looking out for your posts.
- <https://www.facebook.com/groups/BWRTSA/>

If you search Facebook for this group you will not be able to find it. To provide added safety of the patient information contained herein, it has been hidden. You will receive an invitation to join the group via email.

You may also request access to the group by inserting the link above into Facebook and asking to be admitted to the group.

7. PEER SUPERVISION

There are 3 ways in which you can access supervision:

1. The BWRT Professionals South Africa Facebook page
Here you can post cases and ask colleagues for assistance. It is a resource with 5 years of case studies. Simply type in the search function what you are looking for e.g. Trauma / phobia etc. and all the discussions related to that topic will appear.
2. Peer supervision Groups in your area
These are normally face to face but due to COVID 19 some of these groups have switched to online.
3. Individual private supervision
You can select a supervisor from the list posted on the website and Facebook page for private individual supervision. This is a paid for service and you may negotiate the rate with the supervisor.

The following individuals are able to offer peer supervision. There may be group supervision in your area, please consult our Facebook page to find out how and when they meet. Since the onset of COVID 19 many of these groups meet online:

Gauteng			
Dr. Elisa Mecco	Clinical Psychologist	elisam@elisa-mecco.com	083 227 9343
Frans van Stadden	Counselling Psychologist	frans@peoplewise.co.za	083 445 8512
Dr Ingrid Artus	Counselling Psychologist	ingrid@westpsych.com	082-501-5878
Western Cape			
Heinrich Benjamin	Clinical Psychologist	heinrichbenjamin19@gmail.com	071 440 3639
Hannelie Spies	Educational Psychologist	hannelie@hanneliespies.co.za	072 653 3585
Pauli Geldenhuis	Counselling Psychologist	pauligel@mweb.co.za	066-301-5149
Ria Scholtz	Educational Psychologist	scholtz.ria@gmail.com	082-451-4493
Dr Annerie Joubert	Clinical Psychologist	annerie@anneriejoubert.co.za	082-774-4510
Kwa Zulu Natal			
Shelley Kim Hall	Clinical Psychologist	shelleykimhall@icloud.com	063-055-2172
Quraisha Baig	Clinical Psychologist	qbaig@yahoo.com	084-923-2600
Lisa Grant-Stuart	Counselling Psychologist	lisags.services@gmail.com	072-770-8202
Mary Rogers	Clinical Psychologist	mrogers.psychologist@gmail.com	031-764-7675
Dr Sharon Enoch	Educational Psychologist	drsharondenoch@gmail.com	031-764-7466
Pretoria			
Dr. Biva Naik	Clinical Psychologist	Biva.naik@gmail.com	082 809 7696
Eastern Cape			
Alexa Bickell	Counselling Psychologist	alexa.bickell@worldonline.co.za	082-505-8027

***Thank you! we look forward to hearing from you soon.
For further information or assistance please do not hesitate to send an email on
huda@bwrtsa.co.za or call 083 326 8316***