

Level Two Case Study

Requirements for Submissions



To gain your BWRT Level 2 Certification, you need to submit a case study; this need not have a successful out-come but must show how you conducted the case from start to end. The client's details must be anonymised.

The information needed is:

- Client gender, age, and presenting difficulty
- An overview of the therapy from first meeting to end of study. Include sessions that were significant. Also include any Level 1 work done during the level 2 process. Please also include the Triggers and the Guards decided on
- Any difficulties encountered and their resolution
- The number of sessions completed
- The eventual outcome
- Your own views the efficacy of the therapy in this instance
- Scans of the client worksheets (1 & 2)
- Scan of the completed Therapists Worksheet (the entire Unlock Questionnaire is not needed).

Send the completed study to info@bwrtsa.co.za It will be evaluated as soon as possible but please do allow 8 weeks before requesting an update - you will normally hear from us before that.